

# HIS, HERS &... PERHAPS OURS

With more and more blended families and second marriages, Vasectomy reversal has become far more popular in recent years.

In many instances, couples are embarking on second marriages and want to have children together. They return to the doctor's office because the man previously had a vasectomy, and, now that their life circumstances have changed, they are evaluating their options, including a vasectomy reversal (vasovasostomy).

Urologists frequently counsel couples about fertility and conception options. They can explain Assisted Reproductive Technology - along with what, if any, benefits there are for your situation - to help you decide if these techniques are right for you.

Once couples look into all the Assisted Reproductive Technology (ART) techniques that are available and weigh the alternatives and costs, they will often realize that vasectomy reversal is the best option.

Vasectomy reversal, also known as a vasovasostomy usually takes between two to four hours and is typically performed with general anesthesia with the patient going home on the same day. Recovery is typically rapid; light duty work and refraining from heavy exercise is recommended for the first two to three weeks. Studies of vasectomy reversal results show the return of sperm to the ejaculate in 70 to more than 90 percent of men, with increased chances if the reversal is done within the first two to three years after the vasectomy. After the vasectomy reversal, the overall chance of pregnancy ranges from 30 to 70 percent depending on the time since vasectomy. Reversals should not change your ability to have an erection or enjoy sex.

## Questions commonly asked by women:

*"This is my first marriage-his second. Will my spouse's older age affect the health of his sperm or our babies born after his reversal?"*

*"Will a vasectomy reversal affect a man's ejaculation?"*



*"How long will it be until my spouse and I can resume sex?"*

*"Does the vasectomy reversal procedure leave scars?"*

*"How soon can I expect to get pregnant?"*

*"How long will my husband be in pain, and what can I do to help?"*

*"How old is 'too old' for a couple considering vasectomy reversal?"*

Answers to these questions and more will be provided by your consulting urologist.



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## ▶ GET TO KNOW THE WRITER...

Dr. Jayson completed his undergraduate studies at Tufts University. He attended Jefferson Medical School in Philadelphia and went on to complete his residency and surgical training at Yale. He practiced in New York until relocating to South Florida seven years ago. He currently practices adult & pediatric urology in Pembroke Pines, treating men, women & children of all ages.